

- 5% of your energy bill will come from lighting your home. Fit low energy light bulbs. This can save up to £7 per year for each bulb used
- Fit the correct wattage bulbs
- Turn lights off when you leave a room
- Adjust curtains and blinds to let in as much light during the day as possible
- Do not leave TVs, stereos or computers on standby or on charge unnecessarily
- When buying new appliances, look for energy efficiency ratings
- Defrost your freezer regularly
- Spin clothes before tumble drying
- Saving a little bit of energy will help national and global needs AND save you money

Since October 2008, Soha has issued Energy Performance Certificates (EPC) for new tenants moving into Soha homes so that they know how energy efficient their home is. If you have moved in since then, you will have received a copy of the EPC in the information pack we give to new tenants.

**If you would like this information in a different language, in large print or on CD, please contact us on 01235 515900.**

**Polish** Oszczędzanie energii

Jeśli chcesz uzyskać te informacje w innym języku, dużą czcionką lub na płycie CD, skontaktuj się z nami pod numerem 01235 515900.

**Portuguese** Poupar energia

Se desejar receber esta informação em outro idioma, num tamanho de letra maior ou em CD, queira contactar-nos através do número 01235 515900.

**Bengali** শক্তি সঞ্চয়

যদি আপনি এই তথ্য একটি ভিন্ন ভাষায়, বড় অক্ষরের ছাপায় অথবা সি.ডি.তে চান, তাহলে অনুগ্রহ করে 01235 515900 নম্বরে আমাদের সঙ্গে যোগাযোগ করুন।

**Chinese** 節省能源

若您需要以其他語言撰寫、以大字體顯示或以 CD 方式儲存的此資訊，請致電 01235 515900 聯絡我們。

**Albanian** Kursimi i energjisë

Nese deshironi kete informacion ne gjuhe te ndryshme, te shtypur apo ne CD, ju lutemi te na kontakton ne numrin 01235 515900.

**Slovakian** Šetrenie energie

Ak požadujete túto informáciu v inom jazyku, vytlačenu s veľkými písmenami alebo na disku CD, kontaktujte nás na čísle 01235 515900.

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99 Station Rd, Didcot OX11 7NN

**Tel:** 01235 515900

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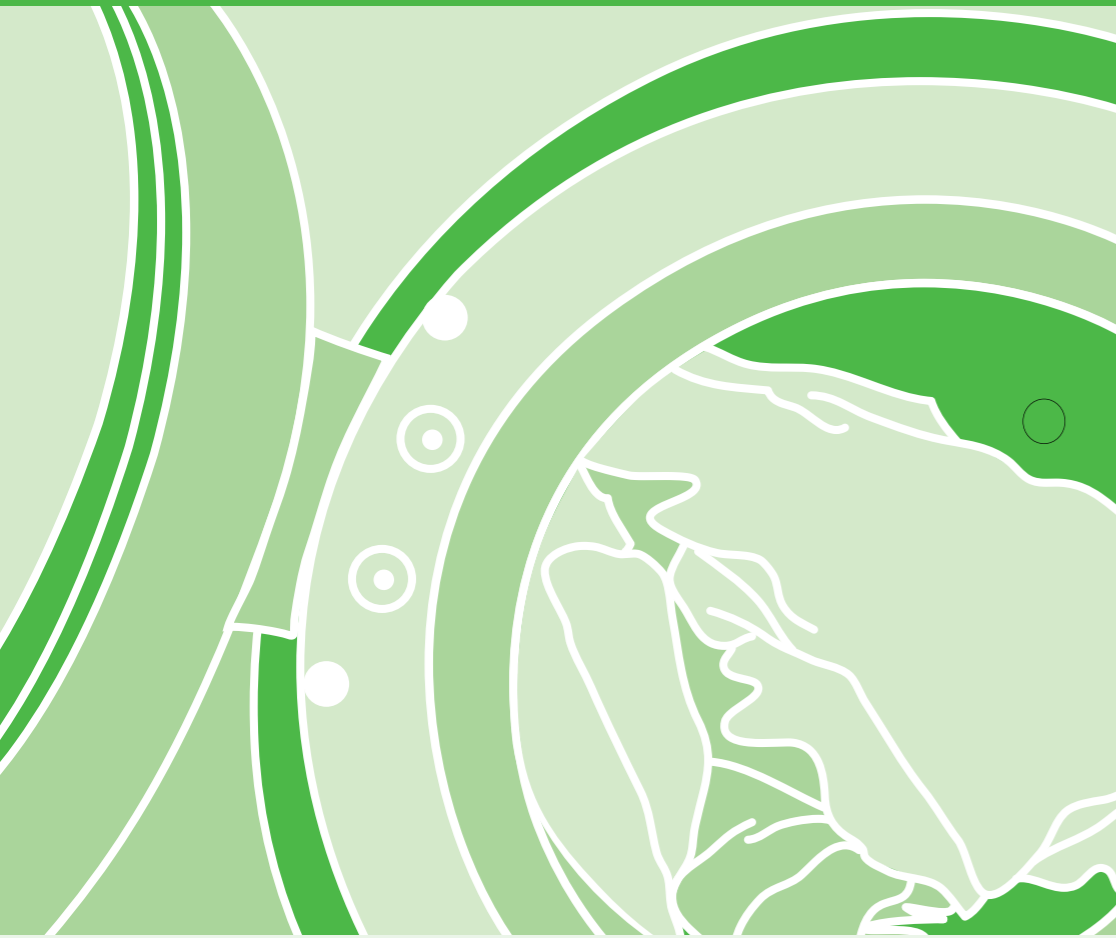
**Website:** www.soha.co.uk



How to save energy in your home



05a 06/09



**Soha has greatly improved the average energy efficiency of our homes in the last few years: our properties are now within the top quarter of the country's housing stock for energy efficiency when compared to other housing associations.**

Saving energy is good for the environment and could help you save money, so take a look at the tips in this leaflet!

For further advice on how to save energy and money, you can contact the local energy efficiency advice centre free on 0800 512 012.

## Saving water

- Take showers instead of baths. A five minute shower every day will use a third of the water of a bath, which saves up to 400 litres a week. Soha is fitting showers when we replace existing bathrooms and when we build new homes
- Turn your taps off! A dripping tap could waste as much as 90 litres of water a week
- Don't use sprinklers on your lawn. A sprinkler can use as much water in an hour as a family of four can use in a day. If you need to use a sprinkler, don't leave it on
- You only need to water your lawn once a week in hot weather. Over-watering can weaken your lawn by encouraging roots to come to the surface. Water your garden in the early morning or late in the day when it is cooler to reduce evaporation
- Look for energy efficiency ratings when buying new washing machines. Those rated "A" are the most economical and will save on your energy bills
- Don't load the washing machine until you have enough for a full load. The average wash uses about 95 litres of water. Turning your machine down to 30° also saves energy
- Don't brush your teeth with running water from the tap. This wastes almost 9 litres of water a minute. Rinse out from a tumbler instead

- Only fill your kettle with as much water as you need. Boiling less water saves energy
- Always put a plug in your basin or use a bowl when doing the washing up. This uses far less water than keeping the tap running
- You can save water when cooking by only using as much as you need. If you have a steamer, this will also save you energy as it uses less water than boiling
- If you keep cool water in the fridge, you won't need to run the tap for ages to get a cold drink
- Insulate your pipes to avoid bursts. In cold weather, put your heating on a low setting whilst you are out to prevent pipes freezing

## Saving energy

Even if you have loft and wall insulation, double-glazed windows and an energy-efficient boiler, you can still save energy and money!

- Turning your thermostat down by 1% could cut your energy bills by 10%
- Your hot water cylinder only needs to be 60°C/140°F. Save money by keeping your water at this temperature
- Draw your curtains at dusk. This will stop heat escaping through windows and will reduce heat loss