



Legionella

All you need to know



Soha, as your landlord, checks communal domestic water tanks regularly to prevent Legionella. This leaflet is about how you can reduce the risk of Legionella in your home.

What is Legionella?

Legionella are bacteria, and Legionnaires' disease is a form of pneumonia caused by it. Legionella occur in rivers and lakes but also in artificial water systems such as hot and cold water systems, storage tanks, pipe work, taps and showers.

Other potential sources of Legionella include spa and whirlpool baths, humidifiers, drinking water systems, water features, garden hoses, sprinklers and firefighting equipment (as the water can become stagnant).

Legionella bacteria can survive in low temperatures, but also thrive at temperatures between 20°C and 45°C. Temperatures above 60°C will kill Legionella.

What you can do to reduce the Legionella risk in your home

The risk of Legionella is very small but there are

always ways you can reduce the risk in your home.

- When you move in to a home which has been unoccupied for a while, run the bath and hand basin taps continuously for no less than five minutes to flush through any bacteria.
- If you've been away on holiday for more than a week, flush through your water system for at least two minutes. First flush your toilet, (with the lid down) then let the kitchen and hand basin taps run for at least two minutes to allow both hot and cold water pass through.
- Do the same with the shower mixer taps as described letting the shower run for two minutes.
- If showers have not been used for two weeks or more, the shower head should be removed and the shower run for two minutes. The shower head should be disinfected before being re-fitted by immersing for at least an hour in any solution designed for cleaning baby

feeding bottles, such as Milton. Even if you regularly use your shower, you should disinfect the shower head at least 4 times a year.

- Any other taps in the house should be run for two minutes.

Please note

Temperatures of 60°C and higher will kill the Legionella bacteria so make sure that the temperature of the hot water in your boiler/cylinder is set no lower than 60°C. However please beware of the risk of burns and scalding, taking extra care if you have children or elderly / vulnerable adults in your home.

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Polish

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Portuguese

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Italian

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Turkish

Yararlı olabilecek farklı bir dilde tercüme hizmeti sunmak için elimizden geleni yapacağız. Bu, kendinize ait basılı bir kopyayı size vermek yerine, bir yayın içeriği hakkında sizinle konuşmak üzere bir tercüman kullanmayı da içerebilir. Aynı zamanda, büyük baskı ya da sesli sürümleri sunmak için elimizden geleni yapıyoruz. Lütfen bizi buradan arayın 01235 515 900 veya 0800 014 15 45 (Freephone - Ücretsiz Telefon).

Bengali

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